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# CURIOSITEA

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POCKET GUIDE

“CHOOSE A JOB THAT YOU LOVE AND  
YOU’LL NEVER HAVE TO WORK A DAY IN YOUR LIFE.”

—Confucius



# WHAT IS CURIOSITEA?

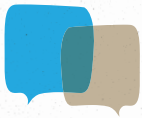
CURIOSITEA IS ONE OF MANY POSSIBLE WAYS TO HELP YOU FIND THE CAREER PATH THAT FITS YOU BEST.

CURIOSITEA encourages experienced professionals and students, to share tea, time and insights with motivated careerpath-seekers. Meeting either over a cup of tea- or coffee or for a **WORK SHADOW**, a sort of one-day-internship.

## BE BOLD

AND ASK

Take any chance you get to exchange thoughts with people from different walks of life. Their ideas and view angles might set fire to your inspiration. Be bold and ask. It's a world full of undiscovered workfields and encounters.



# DO, WHAT YOU LOVE DOING

The following steps are a suggestion on how to walk your journey. feel free to adopt elements according to your personal needs.

## 1 NAME YOUR INTERESTS, SKILLS & PASSIONS

What would you do, if money didn't matter? // What do you enjoy? // What do you really love doing? // What are you good at? // What matters to you most in life? // What other aspects of your life play a role in your search for work? (ethics, money, social relationships) // What do you desire for yourself and what for the world around you? // What if your job category doesn't exist yet?

## 2 FIND AT LEAST 3 PEOPLE DOING WORK THAT INTERESTS YOU

*If you can't find them on the CURIOSITEA-MAP, ask friends and relatives, if they know someone, who knows someone, or try web search and social networks to find, who you are looking for.*

## 3 CONTACT THEM

BE CURIOUS, BE CLEAR, BE CONFIDENT AND: BE PERSONAL.

*Genuine interest in the people and their work is key. Use phone or email and briefly (!) explain your motivations for wanting to share a CURIOSITEA-break with them. In case someone is too far away to visit, ask if they can arrange for a CURIOSITEA-VIDEOCHAT.*

## 4 PREPARE YOUR QUESTIONS

COLLECT AND NOTE DOWN THE QUESTIONS THAT INTEREST YOU. HERE ARE SOME EXAMPLES:

*How would you describe your job? // How did you first enter this workfield? // What skills/ experiences/ equipment are needed for your work? How did you attain those? // What motivated you to pursue this work, and what motivates you to stay in it? // What do you like/ dislike about your work? // Is there a lot of stress involved in your work? // What are the typical working conditions of this job concerning workload, expectations, pressure, dress codes, degree of independence, amount of supervision, closeness of relationships, degree of cooperation or competition... // What kind of compensation can one expect for this work (salary & benefits)? // What is the most common misconception people have about your profession? // What will be the future role of your professional branch?*

FIND MORE QUESTIONS ON OUR WEBSITE OR IN YOUR HEAD

# 5

## PRIOR TO THE TEA-TIME TAKE 10 TO 20 MIN

FOCUS ON THE PURPOSE OF THIS MEETING.  
THE FOLLOWING QUESTIONS MAY HELP YOU:

*What is it, that you want to find out? // What is the one thing you are really interested in?*

## IT'S TEA-TIME!

# 6

HAVE YOUR QUESTIONS AT HAND (HOW ABOUT PAPER?). BE SENSITIVE. ASK YOUR HOST FOR HOW LONG HE IS AVAILABLE. LET HER KNOW THE NUMBER OF QUESTIONS YOU BROUGHT ALONG. TELL HER THE ANSWERS ARE CONFIDENTIAL AND FOR YOUR PERSONAL USE ONLY. BE PRESENT WITH HEART AND MIND OPEN. LISTEN WELL, GO WITH THE FLOW, BUT KEEP YOUR FOCUS ON THE QUESTIONS. TAKING NOTES MAY TAKE TIME, MAYBE ASK IF IT IS OK TO DO AN AUDIO RECORDING.

# 7

## HOW TO MOVE ON

HAVING FINISHED ALL OF YOUR CURIOUS QUESTIONS AS WELL AS THE GOOD TEA, BISCUITS AND INSIGHTS, IT IS TIME TO:

- A.) *see, whether a work shadow experience could be an option, to gain deeper insights.*
  
- B.) *ask if there is someone you could contact next who is working in the same or a similar field, so you can collect different angles on the work.*

# 8

## REFLECT

RIGHT AFTER THE CURIOSITEA CAPTURE YOUR THOUGHTS & INSIGHTS, AVOID PHONE CALLS & OTHER DISTRACTIONS.

*What are your 2-3 key observations from the tea-time? // Were there moments you felt inspired? Why? // Where there moments you noticed revolt or doubt? Why?*

# 9



THANK  
YOU!

AS A CLOSING GESTURE, SEND A PERSONAL THANK YOU

*Send a Thank You Card, in which you write down, what you learned and how this has affected your journey. We recommend using paper mail!*

## FEEDBACK

SHARE YOUR EXPERIENCE AND SEND US YOUR  
FEEDBACK!

*It is our goal to collectively develop & improve this idea  
— be part of it!*



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